May 9, 2003

David Martinez TWCC Medical Dispute Resolution 4000 IH 35 South, MS 48 Austin, TX 78704

MDR Tracking #: M2-03-0914-01 IRO #: 5251 has been certified by the Texas Department of Insurance as an Independent Review Organization. The Texas Worker's Compensation Commission has assigned this case to for independent review in accordance with TWCC Rule 133.308 which allows for medical dispute resolution by an IRO. has performed an independent review of the proposed care to determine if the adverse determination was appropriate. In performing this review, all relevant medical records and documentation utilized to make the adverse determination, along with any documentation and written information submitted, was reviewed. The independent review was performed by a matched peer with the treating doctor. This case was reviewed by a licensed Medical Doctor with a specialty and board certification in Physical Medicine and Rehabilitation. The health care professional has signed a certification statement stating that no known conflicts of interest exist between the reviewer and any of the treating doctors or providers or any of the doctors or providers who reviewed the case for a determination prior to the referral to for independent review. In addition, the reviewer has certified that the review was performed without bias for or against any party to the dispute. **CLINICAL HISTORY** This patient was approximately 29 years of age and working for the ____ as an LVN when she sustained an injury at work on ____. While moving a patient, she had the onset of low back pain syndrome and some radicular symptoms. In September 2000 she had lumbar laminectomy surgery in . Since then, ___ has been followed by ___, a neurologist in ___. She had MRI studies on 10/26/01 that revealed some DJD changes, also some post-surgical changes at L5/S1, and some right L1 nerve root slight encroachment. She also had EMG studies showing some chronic right L1 radiculopathy changes. She has had multiple epidural and facet injection procedures with varying degrees of result, but basically has continued with a residual, ongoing pain syndrome that has been treated non-surgically with the injections, medications and other therapies. REQUESTED SERVICE A lumbar MRI and lumbar EMG/NCV/BLE are requested for this patient.

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DECISION

The reviewer agrees with the prior adverse determination.

BASIS FOR THE DECISION

The requested repeat lumbar MRI and lumbar and lower extremity EMG/nerve conduction
studies are not indicated at this time. The record shows that there have not been significant new
clinical changes. The requested procedures would only possibly indicated if the patient was
strongly considering further surgery, however the record does not show this to be the case.
has performed an independent review solely to determine the medical necessity of the health services that are the subject of the review has made no determinations regarding benefits available under the injured employee's policy.
As an officer of, I certify that there is no known conflict between the reviewer, and/or any officer/employee of the IRO with any person or entity that is a party to the dispute.
is forwarding by mail and, in the case of time sensitive matters by facsimile, a copy of this finding to the treating doctor, payor and/or URA, patient and the TWCC.
Sincerely,
YOUR RIGHT TO REQUEST A HEARING

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing.

In the case of prospective *spinal surgery* decision, a request for a hearing must be made in writing and it must be received by the TWCC Chief Clerk of Proceedings within 10 days of your receipt of this decision. (20 Tex. Admin. Code 142.5(c)).

In the case of other *prospective* (preauthorization) medical necessity disputes a request for a hearing must be in writing, and it must be received by the TWCC Chief Clerk of Proceedings within **20** (twenty) days of your receipt of this decision (28 Tex. Admin. Code 148.3).

This decision is deemed received by you 5 (five) days after it was mailed (28 Tex. Admin. Code 102.4(h) or 102.5(d). A request for a hearing should be sent to: Chief Clerk of Proceedings, Texas Worker's Compensation Commission, P.O. Box 40669, Austin, TX 78704-0012. A copy of this decision should be attached to the request.

The party appealing this decision shall deliver a copy of its written request for a hearing to all other parties involved in the dispute, per TWCC rule 133.308(t)(2).

I hereby certify, in accordance with TWCC Rule 102.4 (h), that a copy of this Independent Review Organization decision was sent to the carrier, requestor, claimant (and/or the claimant's representative) and the TWCC via facsimile, U.S. Postal Service or both on this 9th day of May 2003.